

100 Suggestions for Ways Parents Can Help With the Troop

- 1 Ask the leader what you can do to help
- 2 Go on field trips; help transport equipment to an encampment
- 3 Learn more about Girl Scouts and share the information with your daughter
- 4 Read the Girl Scout handbook to your daughter
- 5 Learn the Girl Scout Law
- 6 Help your daughter understand the Girl Scout Law
- 7 Invite other family members to help
- 8 Be a cheerleader for your daughter's ideas
- 9 Contribute to SHARE
- 10 Make a donation to our council in your Girl Scout's name
- 11 Encourage your girl to attend troop meetings and outings
- 12 Listen to your daughter's stories about the troop's activities and goals
- 13 Help your daughter keep her uniform in good condition and ready to wear
- 14 Never withhold Girl Scout activities as a means of punishment
- 15 Get to know the other troop families
- 16 Promote "be a sister to every Girl Scout"
- 17 Attend troop ceremonies
- 18 Take photos of the troop
- 19 Make a scrapbook for your daughter for her Girl Scout adventures
- 20 Explore Girl Scout opportunities outside of the troop (Pathways, Council events)
- 21 Send your daughter to Girl Scout camp
- 22 Encourage your daughter to share her experiences with the rest of the family
- 23 Participate in a community service project
- 24 Express your pride in your daughter's achievements: leadership growth, relationships, skills
- 25 Stay involved as the troop ages; help her adjust to advance programs
- 26 Act as the troop treasurer and financial adviser to the girls
- 27 Take Girl Scout training classes in leadership, archery, ceremonies, etc.
- 28 Assist at troop meetings
- 29 Plan part or all of one meeting
- 30 Attend parent meetings
- 31 Provide a location for meetings, ceremonies, activities, a sleepover
- 32 Plan a craft activity
- 33 Invite girls to shadow you at work
- 34 Shop for materials or snacks for a meeting or ceremony
- 35 Research badge projects
- 36 Review and lead Journey activities
- 37 Prepare snacks
- 38 Be the troop's Cookie Manager (Jan-April)
- 39 Help your daughter plan her cookie sale strategy
- 40 Distribute cookie incentives (June)
- 41 Manage the troop's nut sale (Oct.-Nov.)
- 42 Assist the troop managers with the nut or cookie sale
- 43 Develop field trip ideas
- 44 Provide transportation for field trips
- 45 Teach songs
- 46 Lead art activities; explore gallery or museum ideas for field trips
- 47 Help train camping skills
- 48 Go camping with the troop
- 49 Research community service projects
- 50 Tell an interesting story

- 1 Share your keepsakes or a collection
- 2 Take first aid or CPR training
- 3 Prepare a first aid kit for the troop
- 4 Brainstorm with the girls
- 5 Provide childcare for leaders' kids during meetings/outings, when they need it
- 6 Attend one or more monthly service unit leader meetings
- 7 Write a troop newsletter
- 8 Share a hobby, skill, talent or travel adventure
- 9 Share a career or plan a work-place visit
- 10 Pick up or drop off items at the Girl Scout resource centers
- 11 Sew patches on troop uniforms
- 12 Plan a ceremony
- 13 Plan a summertime troop get-together
- 14 Share your large home or backyard for a meeting or activity
- 15 Explore or share another culture's customs, food, holidays
- 16 Research youth discounts for activities
- 17 Take a trip with the troop by car, bus, train or plane
- 18 Serve as in-town contact while the troop goes out of town
- 19 Teach cooking skills, nutrition, food safety
- 20 Teach a life skill: using hand tools, car maintenance, green practices, sewing
- 21 Teach a song
- 22 Teach self-care: stress relief, yoga, healthy eating
- 23 Teach girls to play a game
- 24 Help girls to play, have fun, be silly
- 25 Research philanthropic opportunities
- 26 Share science and technology skills
- 27 Do computer research for activity ideas
- 28 Introduce someone intriguing to the troop
- 29 Be a hiker or backpacker
- 30 Share your experience with animals, pets, livestock
- 31 Coordinate recycling to raise troop funds
- 32 Teach a holiday craft, food, song or activity
- 33 Create troop scrapbooking pages for girls or teach them scrapbooking
- 34 Monitor council emails and flyers for activities and events
- 35 Maintain a troop website
- 36 Talk to other parents and encourage them to have their daughters join
- 37 Be a Girl Scout supporter at work, a community group or church
- 38 Encourage your daughter to do her own thing
- 39 Lead an annual goal-setting brainstorm session with the girls
- 40 Research the four WAGGGS World Centers and explore travel interests
- 41 Help prepare for Thinking Day: research the country selected
- 42 Help the troop become pen pals with Girl Scouts far away
- 43 Find behind-the-scenes tour opportunities in local businesses
- 44 Lead the troop in cleaning up a schoolyard, church or convalescent home
- 45 Go caroling; celebrate a holiday with seniors, bring flowers to shut-ins
- 46 Help partner with another troop as a "sister troop"
- 47 Make valentines for police and firemen
- 48 Prepare an activity, craft or discussion based on one of the Girl Scout Laws
- 49 Help girls rehearse a skit and be an audience for the performance
- 50 Learn flag ceremony details and teach the girls